

Neck Shoulder and hand Wellness Set

Improve:

Alleviate neck fatigue and pain; stiffness and numbness in the shoulders; low immunity resulting in frequent colds and cough; cervical problems causing headaches and dizziness; dark eye circles and eye bags; chest pain; upper limb paralysis or pain; muscle and tendon strain or tennis elbow; weakness in lungs, kidneys and heart; and poor sleep patterns.

肩颈与手套盒

改善:

肩颈疲劳、疼痛、肩周炎、颈椎痛、上肢麻痹等肩颈问题的人：免疫力低经常感冒、易咳嗽者、经常长痘并反复发作者；由颈椎问题导致头痛、头晕、黑眼圈、眼袋等；经前胸胀痛者，可对乳腺炎。小叶增生有预防和辅助治疗作用。上肢麻痹、酸痛无力、肌肉及肌腱劳损或网球肘、肺肾阴虚，及心火旺，睡眠障碍者。

按摩精油成份：姜、甜杏仁

刮痧精油成分：红花、杜仲、生姜、迷迭香精油

肩颈矿物泥精华成份：钙、镁、铜、锌、铝、钠、铁。。。。。

艾条成份：艾碳粉95%、粘合剂5%

刮痧板：砭石

Neck Shoulder and hand Functions

The common symptoms of numbness in the hand and neck; dizziness; headache; insomnia; neck and shoulder pain; stiff neck; nausea; tinnitus; fatigue; and cold hands and feet may be caused by insufficient blood supply to the brain. This results in the development in the “neck and stomach syndrome” and “cervical heart syndrome”. Such syndromes will greatly affect the patient’s daily life and work. The more serious cases may even cause paralysis.

Cervical disease is commonly treated by medication, physical therapy, and surgical methods. Medications may have unpleasant side effects. Use of traditional Chinese medicine or massage will only temporarily ease the pain. It does not eradicate the root of the problem and may even aggravate the disease.

Based on the patient's symptoms, moxibustion therapy makes the appropriate treatment, combining both Chinese and Western features, to help the patient to a faster and better recovery.

肩、颈与手的

功能

较常见的症状有手麻、头晕、头疼、失眠、颈肩酸痛、容易落枕、恶心、心慌、耳鸣乏力、双手发凉麻木、颈部麻痛、双下肢无力、出虚汗等症状。颈椎病可引发脑供血不足，造成“颈胃综合征”，“颈心综合征”，颈椎病变后期发展，一般会引起颈椎酸痛、头晕、手麻等症状，轻的影响患者日常生活和工作，严重者可丧失工作能力，重的甚至会造成瘫痪。

治疗颈椎病一般采用的是药物治疗、物理治疗、手术治疗等方法。传统的中药治疗、推拿、按摩只能暂时缓解疼痛症状，达不到治疗目的，药物用多了对脏器、器官会有一定的影响，而且不规范推拿、按摩会加重颈椎病病情，不能从根本上解决问题。

艾灸疗法根据患者的症状不同，采取相应的治疗方法，以中西结合的综合治疗为特色，以壮骨通络为主脉，治疗风险小、患者满意，恢复快，是目前较好的治疗方法。