

## Slimming Wellness Set

Improve:

Moxibustion promotes blood circulation and the body's metabolism. It is able to effectively penetrate the various layers of body fat to achieve a perfect balance of body fat and a healthy body weight. It also treats constipation.

### 纤体套盒

改善:

艾灸通过疏通经络调理脏腑功能，促使气血循环，经络通达，加快表层、中层、深层、等各层脂肪的燃烧消耗，促进全身的新陈代谢与循环平衡，缓解蜂窝组织，改善紧实肤质，从根本上健康减肥塑身、治疗便秘，完善人体脂肪平衡。

按摩精油成份：姜、甜杏仁

刮痧精油成分：黑胡椒、葡萄柚、丝柏、快乐鼠尾草精油

纤体矿物泥精华成份：钙、镁、铜、锌、铝、钠、铁。。。。。

艾条成份：艾碳粉95%、粘合剂5%

刮痧板：砭石

### Slimming

Moxibustion uses the principles of acupuncture to comprehensively treat obesity by suppressing appetite and promoting healthy digestion. It also helps the body to regulate energy intake and absorption.

Moxibustion helps weight loss without harmful side effects; it is also known as “green weight loss”. Based on the dieter personal physical conditions (height, weight and fat content) and medical conditions (stomach, liver, bowel, spleen and kidney), moxibustion is applied to the appropriate body points to adjust the body's metabolic rate and assist weight loss.

With weight loss, the person is able to remove problems such as excessive body hair, acne, pigmentation, melasma, fatigue, constipation, menstrual disorders (long menstrual cycle or amenorrhea), sexual functions (female frigidity, male impotence or premature

ejaculation), insomnia, high blood pressure, high cholesterol and fatty liver. Most importantly, moxibustion prevents the regaining of excess weight after weight loss!

纤

体

艾灸利用中医辨证施治的原理，从调整内分泌入手，通过艾灸、点穴综合治疗，对肥胖者的神经和内分泌功能进行调整，抑制肥胖患者亢进的食欲和肠胃消化吸收机能，减少身体机能对能量的摄入和吸收。

艾灸减肥是一种没有毒副作用的减肥方式，又被称为“绿色减肥”。它根据减肥者的个人身体情况(身高、体重、三围、脂肪含量以及胃肠实热、湿困脾胃、肝气郁结、肠燥便结、脾虚湿阻、脾肾阳虚等不同的指征)选择不同的穴位，进行艾灸，达到调整机体内分泌和新陈代谢的作用，最终实现减肥。

即患者的腰身肥胖，而四肢不太肥胖。同时能兼治伴随肥胖出现的一些疾病，如汗毛增多、痤疮、色斑、黄褐斑、青春痘、疲劳综合症、便秘、月经失调(月经周期过长、月经量过少或闭经)、性功能减退(女性性冷淡、男性阳痿、早泄)、失眠、高血压、高血脂、脂肪肝等。更为难得的是，艾灸减肥还不反弹，大大免除了您反复减肥的痛苦!